



<http://www.eicap.org>

## Share Your Time!

Please mail your completed form to:

Volunteers  
Eastern Idaho Community Action Partnership  
P. O. Box 51098  
Idaho Falls, ID 83405

Phone: (208) 522-5391

Fax: (208) 542-1453

### **What can one do ....**

To make life better?

To help those in need?

To listen to everyone's voice?

To end poverty in our community?

With **your help** we can assist individuals and families, one-at-a time, to attain a life of self-sufficiency and independence. With **your help** we can address the issues of poverty and low-income in our community that many individuals and families struggle with everyday.

### **Your contact information.**

Name:

Address:

City/State/Zip:

Home phone:

Email:

### **How you would like to help. (Please check all that apply.)**

- Share your story
- Participate in public outreach and community awareness programs
- Be a volunteer with VOICE (Volunteer Ombudsmen Improving Care for the Elderly)
- Be a volunteer with RSVP (Retired and Senior Volunteer Program)
- Volunteer at the Haven Homeless Shelter
- Assist with the emergency food and shelter programs
- Help with special events and fundraising activities
- Assist with family development and family literacy programs
- Help with early childhood education programs

### **How often are you able to help?**

- I can help 1-2 hours each week for a minimum of 6 months
- I can help 4-8 hours once a month
- I can help 10-20 hours on an occasional special project
- I need more information on volunteer opportunities, please call me.

### **We are looking for people with all types of skills and levels of resources to help in any way that they can. (Please check all that apply)**

- |                                                                                                                                  |                                                                |
|----------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------|
| <input type="checkbox"/> I prefer to work in a group setting                                                                     | <input type="checkbox"/> I am able to work alone               |
| <input type="checkbox"/> I like behind-the-scenes activities                                                                     | <input type="checkbox"/> I am comfortable with public speaking |
| <input type="checkbox"/> I am good at talking one-on-one with people                                                             | <input type="checkbox"/> I am good at leading a committee      |
| <input type="checkbox"/> I am able to lift and carry                                                                             | <input type="checkbox"/> I prefer sit down activities          |
| <input type="checkbox"/> I have special skills, e.g., painting, carpentry, computer skills, graphics design, teaching & training |                                                                |

Please list your special skills \_\_\_\_\_

*Thank you for your support!*

*Eastern Idaho Community Action Partnership is an agency helping to empower all people in our communities to achieve maximum self-sufficiency and independence.*