#### **ADULT PROTECTION**

Investigates and works to resolve reports of abuse, exploitation, neglect and self-neglect of vulnerable adults ages 18 and older.

#### LONG TERM CARE OMBUDSMAN

Advocates and assists in problem solving for persons in long term care centers. Problems, complaints or concerns focus on choices, residents' rights, and quality of care or other long term care issues.

ADVOCATE & VOLUNTEER

#### **RSVP** (Retired and Senior Volunteer Program)

Offers persons ages 55+ the opportunity to continue to share their lifetime talents and experiences in service to their communities. RSVP volunteers help nonprofit organizations and agencies through a wide spectrum of services.

**VOICE** (Volunteer Ombudsmen Improving Care for our Elders)
Recruits and trains volunteers to advocate for and visit residents in long term care settings.

#### **SMP** (Senior Medicare Patrol)

Trains volunteers to assist Medicare beneficiaries and their families in avoiding, detecting, and preventing health care fraud.

MIPPA (Medicare Improvements for Patients and Providers Act)

Educates and distributes information about programs that make Medicare more affordable for low-income seniors/people with disabilities.

## **CONTACT US**



EICAP helps the people within our nine county service area.

Bonneville Butte Clark Custer Fremont

Lemhi Jefferson Madison Teton

For more information about any of our services, please call or walk in to one of the following offices. You may also visit eastidahoaging.com on the internet.

#### **EICAP MAIN OFFICE**

#### **IDAHO FALLS**

935 East Lincoln Road Idaho Falls, Idaho 83401 Phone: (208) 522-5391 Toll Free: (800) 632-4813

#### **OUTREACH OFFICES**

#### **SALMON**

955 Riverfront Drive, Suite A Salmon, Idaho 83467 Phone: (208) 756-3999 Toll Free: (800) 359-9163

#### **REXBURG**

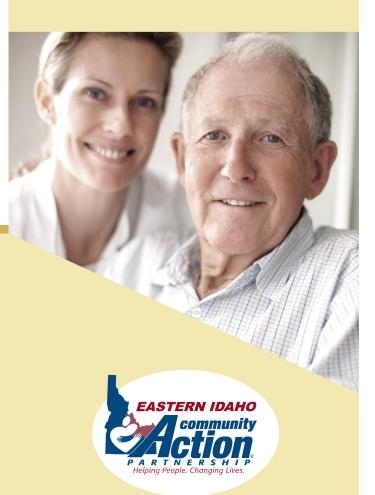
275 Stationery Place Rexburg, Idaho 83440 Phone: (208) 356-8849







# AREA AGENCY ON AGING



(208) 522-5391 www.eastidahoaging.com www.eicap.org

**Building a Stronger Community** 



## **Area Agency** on Aging of **Eastern Idaho**

Working to maintain the independence and dignity of Eastern Idaho's seniors and caregivers.



**HOME BASED** & COMMUNITY **SERVICES** 

#### RESPITE

#### (RELIEF FOR THE CAREGIVER IN THE HOME)

Gives "the gift of time" to full-time caregivers by providing companionship and supervision to homebound adults, enabling the caregiver to leave the home for a period of time.

#### **HOMEMAKER SERVICES**

Provides assistance to frail or homebound seniors with housekeeping, laundry, essential errands, and meal prep. Cost to the client is based on income. Limited funding is available for heavy housekeeping projects and snow or leaf removal on a case by case basis.

#### **CONGREGATE MEALS**

Provides mid-day nutritious meals at 12 senior community centers.

#### HOME DELIVERED MEALS

Provides mid-day nutritious meals that are delivered to individuals who are homebound.

#### **TRANSPORTATION**

Provides seniors with free transportation to community facilities for the purpose of applying for and receiving services, reducing isolation, and/or promoting independence.

#### **LEGAL ASSISTANCE**

Gives legal advice, counseling, or representation to older individuals with economic or social needs through Idaho Legal Aid.

### **SUPPORTIVE** SERVICES

#### **OUTREACH**

Locates and identifies the hard-to-reach, isolated, and withdrawn individuals 60+ years old and links them with available resources.

#### **CASE MANAGEMENT**

Locates, mobilizes and coordinates a variety of in-home supportive services to ensure senior clients are able to remain in their homes.

#### **INFORMATION & ASSISTANCE**

Provides information regarding services currently available to senior citizens. I&A also assists individuals and their caregivers in accessing programs and services by making appropriate referrals.

#### **HEALTH LENDING LIBRARY**

Maintains a library containing books and other media on health care and issues on aging which are available for loan.

#### **GRANDPARENTS RAISING GRANDCHILDREN PROGRAM**

Works with individuals who are in need of information, resources, and support regarding: medical, legal, behavioral and school issues. The Grandparents Raising Grandchildren Support Group meets the last Tuesday of every month.

#### **CAREGIVER SUPPORT GROUP**

Meetings are held on the first and third Tuesdays of every month, providing support, information and resources to those caring for a loved one.