**Share Your Time!**

*Please mail your completed form to:*

Volunteers  
Eastern Idaho Community Action Partnership  
P. O. Box 51098  
Idaho Falls, ID  83405  

Phone: (208) 522-5391                         Fax: (208) 542-1453

http://www.eicap.org

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**What can one do ….**

To make life better?  
To help those in need?  
To listen to everyone’s voice?  
To end poverty in our community?

With *your help* we can assist individuals and families, one-at-a-time, to attain a life of self-sufficiency and independence. With *your help* we can address the issues of poverty and low-income in our community that many individuals and families struggle with everyday.

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**Your contact information.**

Name:
Address:
City/State/Zip:
Home phone:
Email:

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**How you would like to help. (Please check all that apply.)**

- [ ] Share your story
- [ ] Participate in public outreach and community awareness programs
- [ ] Be a volunteer with VOICE (Volunteer Ombudsmen Improving Care for the Elderly)
- [ ] Be a volunteer with RSVP (Retired and Senior Volunteer Program)
- [ ] Volunteer at the Haven Homeless Shelter
- [ ] Assist with the emergency food and shelter programs
- [ ] Help with special events and fundraising activities
- [ ] Assist with family development and family literacy programs
- [ ] Help with early childhood education programs

**How often are you able to help?**

- [ ] I can help 1-2 hours each week for a minimum of 6 months
- [ ] I can help 4-8 hours once a month
- [ ] I can help 10-20 hours on an occasional special project
- [ ] I need more information on volunteer opportunities, please call me.

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**We are looking for people with all types of skills and levels of resources to help in any way that they can. (Please check all that apply)**

- [ ] I prefer to work in a group setting  
- [ ] I like behind-the-scenes activities  
- [ ] I am good at talking one-on-one with people  
- [ ] I am able to lift and carry  
- [ ] I have special skills, e.g., painting, carpentry, computer skills, graphics design, teaching & training

*Please list your special skills*  
___________________________________________________________  
__________________________________________________________________________________

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**Thank you for your support!**

Eastern Idaho Community Action Partnership is an agency helping to empower all people in our communities to achieve maximum self-sufficiency and independence.